

## ELAINE AND EDUARDO SAVERIN FOUNDATION

### Elaine and Eduardo Saverin Foundation Launches Scholarship to Build Singapore's Mental Health Workforce

**Singapore, 26 November 2025** - The Elaine and Eduardo Saverin Foundation (EESF) and the Yong Loo Lin School of Medicine, National University of Singapore (NUS Medicine) today announced the launch of a new scholarship program, a first-of-its-kind initiative in East Asia designed to train and empower front-line professionals in the field of mental health.

Starting in 2026, the program will support up to eight Scholars annually to pursue the Master of Clinical Mental Health and Psychotherapy at NUS Medicine, Singapore's pioneering postgraduate program dedicated to building capabilities among social workers, nurses, occupational therapists and other allied professionals. Each scholarship will provide full program sponsorship and a living stipend, ensuring that passionate individuals can focus fully on gaining the knowledge and skills to make an impact.

"Mental health is the foundation of human potential," said Elaine Saverin, Co-founder of the Elaine and Eduardo Saverin Foundation. "When we invest in those who care for others, we strengthen the well-being of entire communities. This program is our commitment to ensuring that mental health care is not a privilege, but a shared and sustained priority."

The partnership addresses a pressing national need for qualified mental health practitioners in Singapore. As awareness and demand for care grow, our Scholars will play a pivotal role in expanding the country's capacity to deliver evidence-based, community-centred mental health support.

The launch of this scholarship program builds on the Foundation's ongoing efforts in the mental health domain and strengthening community resilience. EESF currently supports:

- *Impart*, a multi-year initiative delivering holistic mental health services for at-risk youth, reaching over 1,200 young people each year; and
- *WWF Rooted in Nature*, a program connecting underserved groups – including students, seniors, and migrant domestic workers – to Singapore's natural spaces for guided mindfulness and restorative experiences.

Since its formation in 2023, the *Elaine and Eduardo Saverin Foundation* has driven impact across four core areas – *mental health access, education, wildlife conservation and regenerative futures, and healthcare innovation* – aligning capital with purpose to create systemic, long-term change.

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Across education, the Foundation backs the WWF Eco-Schools Program, which has reached 146 schools in Singapore, and supports the transformation of the Singapore American School Elementary Campus into a sustainability and technology learning hub.

Globally, EESF partners with institutions such as the Dana-Farber Cancer Institute and Cedars-Sinai Medical Center to advance breakthroughs in cancer and Parkinson's care, while supporting conservation innovations through The Earthshot Prize and IBIS Rice in Cambodia.

"Real progress happens when we open new pathways for people to do meaningful work that uplifts others and to build what's next," said Elaine. "Every one of our partnerships and initiatives is part of our broader vision to bring together research, empathy, and action to improve lives at scale."

The scholarship program marks a significant step in Singapore's efforts to build a sustainable mental health ecosystem - one where every person, regardless of background, has access to care, empathy, and opportunity.

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### **About the Elaine and Eduardo Saverin Foundation**

The Elaine and Eduardo Saverin Foundation is a catalyst for innovation, an investor in tomorrow's leaders and changemakers, and a driver of purposeful action for lasting impact. We back bold ideas that spark transformation, empower communities, and build a more inclusive and sustainable future.

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